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23-24 November 2019



* LIMITED SEATS * Mandatory pre-registration via e-mail

location: Asd AIKIKAI MILANO, via Porpora 43-47, Milano (Loreto area)

fee: full 60 € - Saturday 40 € - Sunday 40 € under 25: full 50 € - Saturday 35 € - Sunday 35 €



SATURDAY			SUNDAY	
morning	10:00-11:15 • Yudansha - Nidan and above		morning	10:00-11:15 • Yudansha - Nidan and above
	11:30-12:45 • Kyu + Shodan			11:30-12:45 • Kyu + Shodan
afternoon	16:00-17:15 • Yudansha - Nidan and above		afternoon	15:00-16:15 • Yudansha - Nidan and above
	17:30-18:45 • Kyu + Shodan			16:30-17:45 • Kyu + Shodan

Seminar for participants associated with any aikido federation having insurance coverage *Schedule may vary due to organization adjustments*

For further information: email segreteria@aikikaimilano.it / phone 3881517258

Accommodation:

- on the tatami mats with a sleeping bag at Aikikai Milano, by booking in advance by email to segreteria@aikikaimilano.it
- Hotel San Francisco, having 10% discount by booking on line reporting AIKIKAI2018 as code
- Hotel Lombardia, booking as ASD Aikikai Milano member: single room 75 € double room 95 €